

Monday	Tuesday	Wednesday	Thursday	Friday
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				No Lunch Service
4	5	6	7	8
Arugula Salad Garlic and Ginger Braised Chicken Baked Potato w/ Sour Cream Dinner Roll/Peaches	Pork Loin Yellow Rice Green Beans Dinner Roll/Applesauce	Meatloaf Mashed Potatoes w/ gravy Mixed Vegetables Apricots Dinner Roll	Clam Chowder Baked Herb Salmon Wild Rice Collard Greens Fresh Fruit/ Corn Muffin	Veteran's Day Lunch 11:00 AM Pot Roast Mashed Potatoes w/ gravy Garden Vegetables Dinner Roll Fruit Crisp
11	12	13	14	15
<u>No Lunch</u> Holiday Observance	Sweet and Sour Chicken Steamed Rice Stir Fry Veggies Egg Roll Mandarin Oranges	Garden Salad Swedish Meatballs over Egg Noodles Peas Dinner Roll Fresh Fruit	Pea and Cheese Salad Crispy Baked Pollock Roasted Potatoes Fresh Chocolate Chip Cookie Pineapple Breadstick	No Lunch Service
18	19	20	21	22
Stuffed Peppers Rice California Vegetables Peaches Dinner Roll	Broccoli Salad Grilled Chicken Sandwich w/ Lettuce and tomato French Fries Pears	Steak Quesadilla w/salsa Shredded Lettuce Salad Spanish Rice/ Beans Churro Fresh Fruit	Coleslaw Fish and Chips w/ Tarter and Ketchup Dinner Roll Mixed Fruit	No Lunch Service
25	26	Thanksgiving Meal	28	29
Shepherd's Pie Honey Roasted Carrots Peaches Fresh Biscuit	Stuffed Shells w/ Marinara and Parmesan Italian Blend Vegetables Garlic Bread Fresh Fruit	Roasted Turkey/ Stuffing Mashed Potatoes w/Gravy Cranberry Sauce Garden Vegetables Pumpkin Pie Dinner Roll		<u>No Lunch</u> Holiday Observance

1% milk, roll or bread, and fortified margarine are available with all meals. All fresh produce is subject to availability. Substitutions may be made without notice.

Suggested meal donation for eligible persons is \$4.00. For non-eligible persons, cost is \$8.00 per meal